

## 2016 Tusita Hermitage (Kuching) Activities

Day	Activities	Time	Venue	PIC	
<b>(A) Regular Activities</b>					
Tues	Pa Auk Sayadaw Dhamma Talk (Recording)	815pm-915pm	T2 Meditation Hall	Malaysia Dhamma Society (MDS) 019-8582666	
Thurs	Dhamma Talk	815pm-915pm			
Friday	Guided Meditation & Interview Dhamma Talk & Q&A	630pm-800pm 800pm-930pm			
<b>(B) Weekend Activities</b>					
<b>Education Programs (Free of Charge)</b>					
Sat	English Tuition Class (Primary 1-2 & 5-6)	200pm-330pm	T3 Activity Center	Sis LiHsien 019-8199262	
	Maths Tuition Class (Primary 1-2 & 5-6)	200pm-330pm			
Sun	Bodhi Wonderland Children Class (aged 6-12 years old)	830am-1100am		Sis Shenny 012-7843162	
	Teenager Dhamma Class (aged 13 years old above) *Activities: Guitar, Public Speaking, Cooking, Gardening, Chinese & English Class, Dhamma Class	900am-300pm			Sis LiHsien 019-8199262
	English Tuition Class (Primary 3-4)	100pm-230pm			
	Maths Tuition Class (Primary 3-4)	100pm-230pm			
<b>Dhamma Activities</b>					
Sun	a) Buddha Offering, Chanting b) Dhamma Talk c) Lunch Dāna d) Life Release (Occasionally)	900am 930am 1100am 1230pm	T1 Meditation Hall T1 Meditation Hall T1 Meditation Hall T1 Piṇḍapāta Hall	MDS 019-8582666	
	Adult Dhamma Sharing	100pm-200pm	T3 Activity Center	Sis LeeLin 019-8191610	
<b>(C) Dāna Activity</b>					
Everyday	Morning & Lunch Dāna *5 min Dhamma sharing before lunch Dāna)	630am;1100am	T1 Piṇḍapāta Hall	Bro NanHoi 019-8871982	
Sun	Market Piṇḍapāta (on rotational basic)	700am-730am	Markets at Kenyalang, Stutong, 3 <sup>rd</sup> , 7 <sup>th</sup> & 10 <sup>th</sup> Mile	Bro RenHua 016-8996387 Bro Abhaya 012-8883535	
20/7-16/10	Tusita Saṅgha Entering Vassa		Tusita Hermitage	MDS 019-8582666	
<b>(D) Ceremony Activity</b>					
21/5	Wesak Day *Activities: Buddha Puja and chanting, taking of 3 Refuges & 5 Precepts, Dhamma talk, lighting of candles, bathing of Buddha, lunch dāna, releasing of lives.	8.30am 开始	T2 Meditation Hall	MDS 019-8582666	
23/10	Kathina Day 《Subject: Great Aspiration》				
<b>(E) Camp Activities</b>					
14/3-17/3	National Youth Explorer Camp 《Subject: Breakthrough the barriers》		Tusita Hermitage	Bro Sumedha 010-5209756	
15/5-15/6	Gawai Meditation Retreat		Tusita Hermitage	MDS 019-8582666	
1/6-3/6	Teacher Camp		Tusita Hermitage	Sis LiHsien 019-8199262	
4/6-7/6	Youth Dhamma Leadership & Teamwork Camp 《Subject: Forest Truth Seekers》		Tusita Hermitage	Bro Jerry 016-6869347 Sis Mintra 012-9635482	
29/7-7/8	1 <sup>st</sup> Interschool Meditation Camp 《Subject: Lead (yourself) an Auspicious Life》 *Activities: Series Dhamma Talk, Q&A and Meditation. Details: <a href="http://tusitainternational.net/news-2016unicamp/">http://tusitainternational.net/news-2016unicamp/</a>		Tusita Hermitage	Sis SherNi 017-9337785 Sis ChiaYee 012-5614924	
26/11-27/11	3 <sup>rd</sup> Dhamma Leadership Camp		Tusita Hermitage	MDS 019-8582666	
28/11-2/12	Meditation Retreat for Beginners		Tusita Hermitage		
28/11-2/12	3 <sup>rd</sup> “Seagulls ~ Spread the wings” Children Buddhist Joy Camp		T3 Activity Center		
2/12-4/12	BEACH Meeting (Annual Meeting) * 2/12 Parents and Committees' Fellowship		Union Yes Retreat & Training Resort		
5/12-13/12	Novitiate Camp		Tusita Hermitage		
5/12-5/1/17	Yearend Medication Camp		Tusita Hermitage		
<b>(F) Tusita Home Activities</b>					
Sat	Dhamma Sharing (Group Meditation Half an Hour)	730pm-900pm	Tusita Home, Tmn Unigardem	Sis ChewYing 016-4888915	
Sun	Bodhi Wonderland Children Class	830am-1100am		MDS 019-8582666	

Website: <http://tusitainternational.net/en/>

**Tusita Hermitage Address:** Lot 659, Block 9, Matang Land District, Sin San Tu A Road, Batu Kawa Matang Road, 93250 Kuching. T1, T2, T3 are located at Kuching Tusita Hermitage.

**Kuching Tusita Home Address:** L 2095, SL 6, Kuching Outer Ring Road, Villas Homes, 94300 Kuching (Lorong 16, TmnUniGarden).

The above is subject to change without notice. Our sincere apology for any inconvenient caused thereto.